

Daniela Mare

Healthcare Assistant/ Support Worker



Hereford, Herefordshire , UK, HR13SG



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Healthcare Assistant with 5 years of experience assisting nursing staff in delivery of patient care. Complies with healthcare guidelines, policies and standards and reports patient information and observations to plan and guide nursing care. Maintains safe and clean environment using approved infection control practices. Well-qualified healthcare professional adept at managing specimens, assisting with mobility and responding to emergencies. Excellent relationship-building, prioritization and time management skills. Certified in Healthcare assistant. Service-focused Healthcare professional offering excellent patient-care and charting skills. Talented at attending to patients in diverse healthcare settings. Certified in Healthcare assistant and Support worker.

Hardworking and passionate job seeker with strong organizational skills eager to secure entry-level nurse position in professional environment. Ready to help team achieve company goals.



Skills

- Worker safety procedures
- Healthcare policies
- Service team support



Work History



Healthcare Assistant/ Support Worker

Newcross Healthcare, Hereford , Herefordshire

- Assisted with patient hygiene, physical comfort, eating and drinking and mobility while observing and reporting specific changes.
- Arranged bedding and cushions to enhance patient comfort in bed and chairs.
- Delivered high standard of holistic care to patients to promote equality and dignity.
- Participated in cleaning and maintenance of medical equipment to assist in department function and regulation compliance.
- Observed patient skin conditions and reported findings to registered nurse.
- Aided patients with walking and limb exercises to improve strength and balance.

2017-03 - Current

- Maintained clean environment with due consideration to health and safety issues and infection control policy.
- Lifted patients using appropriate equipment in accordance with moving and handling policy.
- Adhered to patient special diets and provided supplementary drinks under nursing staff supervision.
- Maintained patient stability by checking vital signs and weight and recording intake and outtake information.
- Reduced risks of patient infection and cross-contamination by cleaning and sterilizing equipment.
- Transported patients between rooms and appointments or testing locations.

2016-02 - 2016-04

Volunteer Nurse

Fundatia Acasa, Zalau , Romania

- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Educated patients and families on diagnosis, neurological conditions and processes, treatments and expected outcomes.
- Administered massages, alcohol rubs and lotion as needed to maintain patient skincare regimes and enhance circulation.
- Protected confidentiality of information related to patient care activities and EMS operations.
- Remained calm during high-stress, critical situations, demonstrating sustained focus and problem-solving in real-time.
- Assisted patients in performance of routine recovery and mobility exercises, providing support when getting in and out of bed as well as walking and stretching.
- Helped patients eat and drink when necessary for safe consumption of food consistent with recovery guidelines.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Followed proper procedure for installation and removal of catheters, IVs and PIC lines.

20120 - 2015-08



Education

Bachelor of Science

Scoala Postliceala Sanitara Zalau - City: Zalau, County: Salaj, Country: Romania

- Completed professional development in nursing

2018-08 - 2019-07

High School Diploma

Herefordshire & Ludlow College - Hereford

- Continuing education in English

2021-01 - Current

No Degree: CertHE Skills For The Workplace Health&Social Care

University Wales Trinity St. David - Birmingham



Languages



Romanian



I like to practice sports, to travel, listening music and making floral arrangements



I played sports as a child. I really liked gymnastics, ballet and karate. In my free time I like to go to the fitness, in my city. In my day day off I like to listen music like classic music or pop-rock . In the past I was a wedding planner and I made a lot of flora arrangements and my passion for flowers remained and when I have a little bit time I make for me or my friends beautiful floral arrangements (looking forward for Christmas). I like to travel as much I can, to spend my holidays relaxing in sunny places.